

Supplementary Data: Typical foods of the dietary patterns obtained by means of different variables from the FFQ in the cluster analysis in a sample of pregnant women.

Variable used/ Food Groups	Typical Foods		
	1	2	3
<b>1. Consumption in grams *</b>	n=591	n=2	n=54
<b>Grains, cereals and tubercles</b>	Cassava, pasta, corn, popcorn, polenta	Boiled potato and lentil	Rice and beans
<b>Bread, cakes and cookies</b>	Homemade bread	Salty pastry and cake	Cookie and French roll
<b>Fruits</b>	Pineapple, orange, apple, watermelon, grape	Banana, papaya and mango	Lemon
<b>Vegetables</b>		Garlic, beet, onion, carrot, chayote, cauliflower, cucumber, green pepper and tomato	Lettuce, kale and cabbage
<b>Milk and dairy</b>	Cheese	Whole Milk	Yogurt
<b>Meat, fish and eggs</b>	Bone beef, fish, sausage, entrails	Chicken	Boneless beef, pork and eggs
<b>Fatty food</b>		Mayonnaise, margarine and salty pastry	Chips, pizza and finger food
<b>Beverages</b>		Coffee, soft drink and natural juice	Artificial juice
<b>Sweets</b>		Powder chocolate and ice-cream	Sugar, candy, chocolate bar and sweet pudding
<b>2. Standardized consumption in grams*</b>	N=5	n=103	n=539
<b>Grains, cereals and tubercles</b>	Cassava	Rice, boiled potato, beans, lentil, corn, popcorn, polenta	Pasta
<b>Bread, cakes and cookies</b>	Cake, French roll and Homemade bread	Cookie and salty pastry	
<b>Fruits</b>	Grape	Pineapple, banana, chayote, orange, lemon, apple, papaya, mango, watermelon	
<b>Vegetables</b>	Kale and cabbage	Lettuce, beet, onion, carrot, cauliflower, cucumber, tomato	Garlic and green pepper
<b>Milk and dairy</b>	Yogurt and whole milk	Cheese	
<b>Meat, fish and eggs</b>	Chicken and eggs	Boneless beef, pork, fish, entrails	Bone beef and sausage
<b>Fatty food</b>	Chips, pizza, finger food and salty pastry	Mayonnaise and margarine	
<b>Beverages</b>	Soft drink and artificial juice	Natural juice	Coffee
<b>Sweets</b>	Candy, chocolate bar, powder chocolate, sweet pudding and ice-cream		Sugar
<b>3. Rank of consumption in grams</b>	n=217	n=240	n=255
<b>Grains, cereals and tubercles</b>		Cassava, boiled potato, lentil, corn, popcorn, polenta	Rice, beans and pasta

<b>Bread, cakes and cookies</b>	Cookie	Salty pastry, cake, Homemade Bread	French roll
<b>Fruits</b>		Pineapple, banana, orange, lemon, apple, papaya, mango, watermelon, grape	
<b>Vegetables</b>		Lettuce, garlic, beet, onion, carrot, chayote, kale, cauliflower, cucumber, green pepper, cabbage and tomato	
<b>Milk and dairy</b>	Yogurt and whole milk	Cheese	
<b>Meat, fish and eggs</b>	Boneless beef	Bone beef, pork, chicken, eggs, fish, sausage, entrails	
<b>Fatty food</b>	Finger food	Chips, mayonnaise, pizza, salty pastry	Margarine
<b>Beverages</b>	Soft drink	Natural juice	Coffee and artificial juice
<b>Sweets</b>	Chocolate bar, powder chocolate and ice-cream	Candy and sweet pudding	Sugar
<b>4. % TEI*</b>	n=223	n=330	n=94
<b>Grains, cereals and tubercles</b>	Beans	Rice and corn	Pasta, polenta, boiled potato, cassava, popcorn and lentil
<b>Bread, cakes and cookies</b>	French roll	Cookie	Homemade bread, cake and salty pastry
<b>Fruits</b>		Pineapple, banana, orange, lemon, apple, papaya, mango, watermelon and grape	
<b>Vegetables</b>	Green pepper	Lettuce, garlic, beet, onion, carrot, kale and tomato	Cabbage, chayote, cucumber and cauliflower
<b>Milk and dairy</b>	Whole milk	Yogurt	Cheese
<b>Meat, fish and eggs</b>		Boneless beef, chicken, eggs, fish, sausage and entrails	Bone beef and pork
<b>Fatty food</b>	Margarine	Chips, pizza, finger food and salty pastry	Mayonnaise
<b>Beverages</b>		Soft drink and natural juice	Coffee and artificial juice
<b>Sweets</b>		Candy, chocolate bar, powder chocolate , sweet pudding and ice-cream	Sugar
<b>5. Standardized % TEI *</b>	n=611	n=26	n=10
<b>Grains, cereals and tubercles</b>	Rice and pasta	Beans, polenta, cassava, corn, lentil	Boiled potato and popcorn
<b>Bread, cakes and cookies</b>	French roll, cookie and cake	Homemade bread and salty pastry	
<b>Fruits</b>	Banana	Papaya, watermelon, Pineapple, mango, grape	Orange, apple and lemon
<b>Vegetables</b>		Cucumber, garlic, carrot, kale, cabbage	Tomato, chayote, onion, green pepper, beet, cauliflower, lettuce
<b>Milk and dairy</b>	Whole milk	Yogurt	Cheese
<b>Meat, fish and eggs</b>	Bone beef	Fish	Eggs, entrails, boneless beef, pork, chicken, sausage
<b>Fatty food</b>	Chips, margarine and salty pastry	Pizza, mayonnaise and finger food	

<b>Beverages</b>	Soft drink and artificial juice		Coffee and natural juice
<b>Sweets</b>	Sugar, powder chocolate , chocolate bar, sweet pudding, candy	Ice-cream	
<b>6. Rank of %TEI</b>	n=205	n=244	n=263
<b>Grains, cereals and tubercles</b>		Polenta, boiled potato, cassava, corn, popcorn, lentil	Rice, beans and pasta
<b>Bread, cakes and cookies</b>	Cookie	Homemade bread, cake, salty pastry	French roll
<b>Fruits</b>		Orange, banana, papaya, apple, watermelon, Pineapple, mango, lemon, grape	
<b>Vegetables</b>		Lettuce, garlic, beet, onion, carrot, chayote, kale, cauliflower, cucumber, green pepper, cabbage and tomato	
<b>Milk and dairy</b>	Whole milk and yogurt	Cheese	
<b>Meat, fish and eggs</b>		Entrails, bone beef, pork, sausage, fish	Boneless beef, chicken and eggs
<b>Fatty food</b>	Chips and finger food	Pizza, mayonnaise and salty pastry	Margarine
<b>Beverages</b>	Soft drink and natural juice		Coffee and artificial juice
<b>Sweets</b>	Powder chocolate and ice-cream	Candy, chocolate bar and sweet pudding	Sugar

\*Subsample with exclusion of 65 cases that had more than 30% of extreme values of foods (n=647)